

IGNITING A FIRE IN YOUR AUDIENCE

to overcome challenges & unlock their true potential.



Jane Nady, MCPC

- Human Behavior Expert
- Master Certified Mindset, Resilience & ADHD Coach
- Masters in Education
- Small Business Owner
- Former Suicide & Substance Abuse Prevention Coordinator Iowa National Guard
- Former Fire/EMS
- Member of Central Iowa Crisis Intervention Team

Key Topics

- Resilience & Overcoming Adversity
- Mindset Shifts & Personal Growth
- Mental Health Awareness & Advocacy
- Burnout Prevention & Self-Care
- Leadership Development & Emotional Intelligence
- Strategies for Overcoming Self-Sabotage
- Enhancing Communication & Reducing Conflict
- Fostering a Supportive & Inclusive Workplace Culture
- Empowering First Responders & Military Personnel
- Unlocking Potential for Business Success

Key Results

- Foster a More Resilient Workforce
- Increase Productivity
- Boost Retention Rates
- Improve Communication
- Decrease Workplace Conflict
- Build Effective Leaders through Emotional Intelligence
- Eliminate Self-Sabotage
- Help Individuals Live Up to Their Potential
- Overcome Challenges and Adversity
- Change Lives

Ignite a Fire of Determination in Your Audience Today!



Website



Email



View Jane Nady's Speaker Reel



IGNITING A FIRE IN YOUR AUDIENCE

to overcome challenges & unlock their true potential.

Signature Keynotes:

From Broken to Boss: Unleashing Your Limitless Potential

Witness my journey from battling eight mental health diagnoses and a near-death experience to thriving. Learn strategies to overcome self-doubt, reframe challenges, and unlock your potential.

Key Takeaways:

- Redefine what's possible
- Embrace the power of your mind
- Actionable strategies for resilience

Unlocking the Key to Business Success: Prioritizing Mental Health

Are you an entrepreneur on the verge of burnout? Prioritize your mental well-being to increase your success.

Key Takeaways:

- Shatter the Burnout Cycle
- Cultivate Unbreakable Resilience
- Build a Thriving Culture

Stop Sabotaging Your Success: Master Your Mindset

Transform limiting beliefs into a thriving career

Key Takeaways:

- Identify Your Self-Limiting Beliefs
- Craft Powerful Affirmations
- Develop a Forward-Focused Mindset
- Silence Your Inner Critic

Empowering First Responders & Military Service Members with Life-Changing Resilience

Equip heroes with the tools to build unbreakable resilience.

Key Takeaways:

- Manage Stress & Cultivate Unshakeable Emotional Well-being.
- Build Resilience to Thrive in High-Pressure Environments
- Create a Supportive Environment



Jane Nady, MCPC

Jane Nady, a Master Certified Mindset & Resilience Coach & Human Behavior Expert, transforms lives by empowering individuals & organizations to overcome adversity & unleash their true potential. Drawing from her profound experiences both professionally & personally, Jane delivers powerful, actionable insights that drive real change. Her dynamic keynotes inspire & equip diverse audiences to cultivate resilience, foster mental well-being, & achieve lasting success.



Book Jane Nady today!

- > 515-414-2306
- > jane@imperfectpathways.com
- > @imperfectpathways

